

SUMMER VACATION PROJECT




Notes:-

- * All the Holiday Homework Projects should be done neatly by the child with the assistance of parents.
- * Holiday Homework is mandatory to be submitted on 1st July 2024 when school reopens.
- * Holiday Homework should be done as per the instructions given.

Happy
Holidays!!!

TOPIC: SDG Goal 3 - Good Health and Well Being

SUBJECT	TOPIC	TASK ASSIGNED
English	Healthy Menu Card	<ul style="list-style-type: none"> Create a menu card for a restaurant publicising a variety of salads and other healthy food dishes. Use only half A4 size coloured sheet folded appropriately to design your menu card. The menu should have a few healthy starters, juices, salads, main course and desserts. On the cover of your menu write the name of your restaurant, address and phone number. Story time Alert! Listen to the story “The Ugly Vegetables by Grace Lin” which revolves around celebrating the beauty of diversity and the importance of appreciating what makes each individual and culture unique. Click on the provided YouTube link and have a delightful time watching the story. Link - https://www.youtube.com/watch?v=3rbKEKuI8Ik&t=59s
Hindi	अच्छा स्वास्थ्य और भलाई	अच्छे स्वास्थ्य के पाँच स्तंभों और खराब स्वास्थ्य के पाँच स्तंभों को दर्शाने वाला एक पोस्टर या प्लेकार्ड तैयार करें।
Mathematics	My Healthy Plate Budget	<p>Prepare a chart paper divided into four sections (grains, fruits, vegetables and dairy products), each labelled with one of the food groups.</p> <p>In each section, paste or draw pictures of food items you can purchase to fill MyPlate, but you must stay within a budget. Your budget limit is Rupee 100, and you cannot exceed this amount. Count out the correct amount of money for each purchase from each food group.</p>
EVS	Interactive Fruit/ Vegetable Fact Chart	<p>Draw the outline of the assigned fruit or vegetable roll number wise on half chart paper. Cut out the shape carefully. Colour the cut out according to the natural colour of the fruit or vegetable. Write 4 - 5 facts about it inside the cut out.</p> 
Computer	Stay Fit (Yoga)	Make a collage on "Yoga Asanas" and take a printout for the same
G.K.	Diseases	Prepare a list of five different diseases caused due to contaminated food. Also, write its precautions.

EVS - Interactive Fruit/ Vegetable Fact Chart (Roll No. for reference)

Roll No.	Fruit/ Vegetable
1	Apple
2	Banana
3	Orange
4	Grapes
5	Strawberry
6	Watermelon
7	Kiwi
8	Pineapple
9	Mango
10	Papaya
11	Blueberries
12	Peach
13	Pear
14	Cherry
15	Avocado
16	Carrot
17	Spinach
18	Broccoli
19	Tomato
20	Cucumber
21	Beetroot
22	Mushrooms
23	Sweet Potato
24	Zucchini
25	Pumpkin
26	Asparagus
27	Peas
28	Radish
29	Turnip
30	Onion

Art and Craft -

- **Craft - Aquarium (Paper Folding)**

Material Required -

1. A cutout of white sheet in circle shape with 20 cm diameter.
2. Coloured sketch pens
3. Coloured sheets
4. Googly eyes



- **Drawing and colouring -**

Lion



- **School Art File -**
 - a) Activity - 3 (pg no. 3)
 - b) Activity - 4 (pg no. 5)
 - c) Activity - 6 (pg no. 8)
 - d) Activity - 8 (pg no. 10)